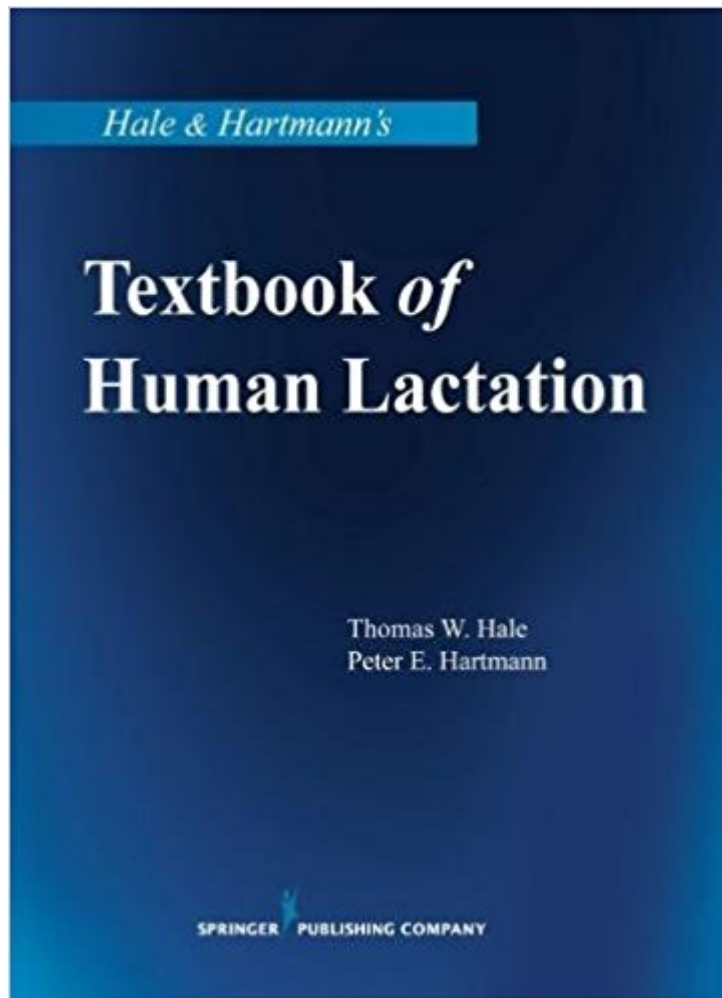




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Hale & Hartmann's Textbook Of Human Lactation



Synopsis

Written by many of the world's leading lactation experts, the Textbook of Human Lactation incorporates evidence-based scientific knowledge to address key topics of importance in breastfeeding such as Anatomy and Biochemistry, Immunobiology, Breastfeeding Management in Infant and Mother, Maternal and Infant Nutrition, and Medications and Breastfeeding. Specific and detailed information is provided on the following:

- Complete description of the anatomy and physiology of the lactating breast
- Detailed explanation of the immunobiology of human milk
- Description of difficult syndromes and conditions in the infant and breastfeeding mother, and how to overcome these challenges
- Thorough discussion of the emotional and physiological component of breastfeeding, especially as it relates to mother/infant co-sleeping
- Detailed description of the nutritional composition and components of human milk
- Explanation of the science of drug transport into human milk, and the use of medications in breastfeeding mothers

Discusses breastfeeding in the context of important topics such as infertility, polycystic ovary syndrome (PCOS), vitamin D, birth spacing, and family planning.

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